

## Chapter 1. A Holistic World History: An Introduction

### Chapter 1. H. Suggested Reading

#### 1. Systems Thinking:

Capra, Fritjof. *The Web of Life: A New Scientific Understanding of Living Systems*. New York: Anchor Books, Doubleday, 1996. I like this book. He also has many audio books.

Goekler, John. "Teaching for the Future: Systems Thinking and Sustainability." *Green Teacher* (Vol. 70, Spring 2003): p. 8-14. Good, straight-forward description of systems thinking.

Haines, Stephen G. *The Complete Guide to Systems Thinking and Learning*. Amherst, MA: HRD Press, Inc. Available on Amazon, but pricey. For educators or advanced students. Explains interesting concepts.

O'Conner, Joseph and McDermott, Ian. *The Art of Systems Thinking: Essential Skills for Creativity and Problem Solving*. (London: Thorsons, 1997). A good one, I recommend.

Lenski, Gerhard and Jean. *Human Societies: An Introduction to Macrosociology* (New York: McGraw-Hill, 1982). A classic, helped me frame this holistic world history into waves.

Meadows, Donella H. *Thinking in Systems: A Primer*. 2008. The late systems thinker, always has interesting ideas.

Sweeney, Linda Booth and Meadows, Dennis. *The Systems Thinking Playbook: Exercises to stretch and build learning and systems thinking capabilities*, (Chelsea Green Publisher),

[http://www.chelseagreen.com/bookstore/item/the\\_systems\\_thinking\\_playbook/](http://www.chelseagreen.com/bookstore/item/the_systems_thinking_playbook/)

Lots of great games to help develop systems thinking.